

For best results, please ensure baby is **NOT** in the cot during this test!

1. Check the back of the Nursery Unit, switch the sensitivity level to the middle option, level 2, if not already set

NOTE: Start the process below within 20 seconds after turning ON both units, otherwise the movement alarm will sound.

NOTE: The movement alarm is a series of loud continuous beeps, from both the Parent and Nursery Units.

1. Place the Sensor Pad in the middle of the cot, underneath the mattress
2. Switch both the Nursery and Parent Unit ON
3. Gently place your hand in the furthest corner of the mattress & and wait for 20 seconds

If the movement alarm does **NOT** sound, continue with the following

1. Remove your hand from the mattress and step away from the cot and remain still (the Sensor Pad is sensitive enough to detect your movement if you are touching the cot)
2. Due to the lack of movement, after 20 seconds the movement alarm will sound
3. Step back to the cot and place your hand gently on the mattress in a different corner, after a few seconds the alarm will cease as the Sensor Pad has detected your movement
4. Repeat this process with the remaining corners

NOTE: If the movement alarm **DOES** sound when you place your hand in any of the corners please adjust the sensitivity by turning it up to level 3 and repeat the Four Corner Test.

NOTE: If the movement monitor does not alarm when you step away from the cot, reduce the sensitivity down to level 1 and repeat the Four Corner Test.